



Promoting and protecting the health of the public and the environment.

Childcare Exclusion List for the 2004-2005 School Year

Official List of Conditions Requiring Exclusion from Out-of-Home Childcare Settings for 2004-2005 with Guidance Section

Statutory authority: SC Code Sections 20-7-2980, 44-1-110, 44-1-140, and 44-29-10

SC Regulation #61-20 requires that SC DHEC publish each year an Official School and Childcare Exclusion List of Contagious and Communicable Diseases (hereinafter referred to as the Childcare Exclusion List or the School Exclusion List.) It further requires that school children, and children/employees in out-of-home childcare settings should be excluded from attendance if they have one or more of the conditions in the lists. Schools and childcare facilities should maintain a record of children or employees known to have been excluded under this regulation.

The school or childcare facility should give a copy of the list of conditions that require exclusion from out-of-home childcare to employees and to all parents/guardians, and inform them that they must notify the school or facility within 24 hours after the employee or child has developed a known or suspected communicable disease. Children and employees may return to the school or childcare facility as soon as the symptoms are resolved, unless stated otherwise in the lists below or by their health care provider.

All facilities must report to the local health department confirmed cases of indicated communicable diseases, and should consult with SC DHEC regarding outbreaks or clusters of symptoms related to communicable diseases.

The 2004-2005 School Exclusion List is effective July 1, 2004 through June 30, 2005.

Guidance for Implementing the 2004-2005 Childcare Exclusion List

- **Use in Childcare Settings.** The Childcare Exclusion List indicates when children and employees with conditions that may be spread to others should not attend an out-of-home childcare setting. An out-of-home childcare setting is any place where more than one child is cared for outside of the child's home. The exclusions on this list are based on the close child/child and staff/child contact within childcare settings and on the immaturity of children's immune systems.
- **Use in Schools.** The Childcare Exclusion List is used for students in grades K-3, K-4, and K-5, as well as students designated as being medically fragile.¹ These children may be more susceptible to infections and often require care that involves close staff contact. There is a separate School Exclusion List for students in grades 1-12 who are not medically fragile.
- **Mixed age groupings.** When students are taught or routinely spend time in mixed age groups, the standards for the youngest children in the group apply.
- **Notes / Documentation for Return.** The type of note needed for a student or employee to return to the childcare setting is indicated in the tables that follow. Physicians, Nurse Practitioners, Physician's Assistants or SC DHEC Health Department staff may write medical notes for return to the school or childcare setting following an excludable condition. These notes should be kept on file at the school or childcare facility for at least one calendar year.
- **Period of Exclusion.** If a child or employee does not respond to treatment for an excludable condition, the health care provider or health department may suggest longer periods of exclusion.
- **Other Diseases.** These lists address common exposures to communicable disease. SC DHEC staff are available for consultation on exposure risks such as sports, immunocompromised status, etc.
- **Food-handling.** SC DHEC staff are available for consultation on excluding employees with symptoms or diagnoses of conditions that could be spread through feeding or other food-handling tasks.
- **Outbreaks.** During disease outbreaks or special circumstances, SC DHEC may change the recommendations in the Childcare Exclusion List and/or the Schools Exclusion List.

¹ For the purposes of this document, the term "Medically fragile" refers to those school students with special healthcare needs or developmental delays who require close assistance with feeding or other personal hygiene activities by which communicable illnesses may be easily spread.

Children in out-of-home childcare settings with the following conditions must be excluded from attendance:

Exclusion Criteria	Documentation for Return	Report to Health Department ²
1. Illness that prevents the child from participating comfortably in program activities.	School or facility to specify based on situation.	Not Reportable ³
2. Illness that results in a greater need for care than the staff can provide without compromising the health and safety of other children.	School or facility to specify based on situation.	Not Reportable
3. The child with symptoms or other manifestations of possible severe illness which may include (but are not limited to): a. Fever (see #4 below) b. Unusual Lethargy c. Irritability d. Persistent crying e. Difficulty breathing	School or facility to specify based on situation.	Not Reportable ³
4. Fever, accompanied by behavior changes or other signs and symptoms of illness (such as sore throat, rash, vomiting, diarrhea, earache, irritability, or confusion) until medical evaluation indicates inclusion is acceptable. Fever is defined by age: a. Infants 4 months of age and younger (<u>even if there has not been a change in their behavior</u>): <ul style="list-style-type: none"> Rectal temperature: 101.0 ° F or greater Axillary temperature: 100.0 ° F or greater b. Children older than 4 months of age : <ul style="list-style-type: none"> Rectal temperature: 102.0 ° F or greater Axillary temperature: 100.0 ° F or greater Oral temperature: 101.0 ° F or greater 	School or facility to specify based on situation.	Not Reportable ³
5. Diarrhea (3 or more loose stools in a 24 hour period), until symptoms are resolved or medical evaluation indicates that inclusion is acceptable.	School or facility to specify based on situation.	Not Reportable ³
6. Stools that contain blood or mucus.	Medical Note	Not Reportable

² Responsibility for reporting communicable disease in the school or out-of-home childcare setting rests with the school principal or facility director with knowledge of the reportable condition. Mandated reporting requirements are found in the "SC 2004 List of Reportable Conditions," SC DHEC Bureau of Disease Control (http://www.scdhec.net/hs/diseasecont/docs/2004SC_ReportableDiseases.pdf).

³ SC DHEC is available for consultation on reporting of outbreaks of diseases or symptoms that would not be reportable as single cases. For this document, "Outbreak" is defined as an excess number of cases or symptoms over the expected occurrence of disease within a school or classroom or group.

Children in out-of-home childcare settings with the following conditions must be excluded from attendance:

Exclusion Criteria	Documentation for Return	Report to Health Department ²
7. Infection with <i>Escherichia coli</i> O157:H7, or other shiga-toxin producing <i>E. coli</i> , until diarrhea resolves and 2 stool cultures are negative.	Medical Note	Within 24 hours by phone.
8. <i>Shigella</i> infection, until completion of 5 days of appropriate antibiotic treatment as determined by sensitivity test, or until 2 stool cultures are negative.	Medical Note	Within 7 days
9. <i>Salmonella typhi</i> (typhoid fever) infection <ul style="list-style-type: none"> Children under 5 years of age: Exclude until treatment is completed and three stool cultures are negative at least 48 hours after completion of drug treatment. Children 5 years of age and older: Exclude until 24 hours without a diarrheal stool. Nontyphoidal <i>Salmonella</i> infections do not require treatment or negative stool cultures prior to readmission to school or childcare.	Medical Note for Typhoid Parent Note for Non-typhoidal	Within 7 days Within 7 days
10. <i>Giardia</i> infection, until symptoms are resolved.	School or facility to specify based on situation.	Within 7 days.
11. Vomiting (2 or more times during the previous 24 hours), unless the vomiting is determined to be caused by a non-communicable condition and the child is not in danger of dehydration.	School or facility to specify based on situation.	Not Reportable
12. Mouth sores associated with drooling, unless the child's health care provider states that the child is noninfectious.	Medical Note	Not Reportable
13. Rash with fever or behavioral change, until a physician has determined the illness is not a communicable disease.	Medical Note	Not Reportable
14. Purulent conjunctivitis (defined as pink or red conjunctiva with white or yellow eye discharge, often with matted eyelids after sleep and eye pain or redness of the eyelids or skin surrounding the eye), until evaluated and treated. <u>Non-purulent conjunctivitis</u> (defined as pink conjunctiva with a clear, water eye discharge without fever, eye pain or eyelid redness) <u>does not require exclusion from school or childcare.</u>	Medical Note	Not Reportable
15. Tuberculosis, until the local health department authority or <u>treating</u> physician states that the child is noninfectious.	Medical Note	Within 7 days
16. Impetigo, until 24 hours after treatment has been initiated.	School or facility to specify based on situation.	Not Reportable

Children in out-of-home childcare settings with the following conditions must be excluded from attendance:

Exclusion Criteria	Documentation for Return	Report to Health Department ²
17. Streptococcal pharyngitis, until afebrile and at least 24 hours after treatment has been initiated.	Medical Note	Not Reportable
18. Head lice (pediculosis), until after the first treatment.	Parent Note	Not Reportable
19. Scabies, until after treatment has been applied.	Medical Note	Not Reportable
20. Varicella (chickenpox), until all lesions have dried and crusted (usually 6 days).	Parent Note	Within 7 days
21. Varicella-Herpes Zoster (shingles) with lesions that cannot be covered, until lesions are crusted.	Parent Note	Within 7 days
22. Pertussis, until completion of 5 days of appropriate antibiotic therapy.	Medical Note	Within 24 hours by phone
23. Mumps, until 9 days after onset of parotid gland swelling.	Medical Note	Within 7 days
24. Measles, until 4 days after onset of rash.	Medical Note	IMMEDIATELY by phone
25. Rubella, until 7 days after onset of rash. <u>Congenital Rubella:</u> Exclude until 1 year of age unless nasopharyngeal and urine cultures after 3 months of age are repeatedly negative for rubella virus.	Medical Note	Within 24 hours by phone
26. Hepatitis A virus (HAV) infection, until 1 week after onset of illness or jaundice (if symptoms are mild).	Medical Note	Within 24 hours by phone
27. Conditions or illnesses that a health care provider indicates warrant exclusion.	Medical note.	DHEC Staff are available for consultation on this exclusion.

Exclusion Criteria for Children in Out-of-Home Childcare Settings who are contacts (exposed) to individuals with excludable conditions:

Exclusion Criteria for Exposure	Documentation for Return
1. When recommended by the health department, contacts to <i>Haemophilus influenzae</i> type b (Hib), <i>Neisseria meningitidis</i> (meningococcal disease), or pertussis should be excluded until antibiotic treatment has been initiated.	Medical Note
2. Other conditions when recommended by DHEC or the private physician.	SC DHEC will specify based upon situation.
3. Non-immunized children must be excluded if exposed to: <ul style="list-style-type: none"> ▪ Measles ▪ Rubella ▪ Mumps ▪ Pertussis (whooping cough) ▪ Other conditions when recommended by DHEC 	SC DHEC will provide guidance on an individual basis regarding when a child who is immunocompromised or not sufficiently immunized may return to the out-of-home childcare setting following an exposure to one of these conditions.

Children with the following conditions do not need to be excluded from childcare:

- Mild upper respiratory tract infection, even if it is associated with green or yellow nasal discharge, as long as the child does not have a fever or any of the other excludable symptoms described above
- Fifth Disease (Parvovirus B19 infection). Individuals are no longer contagious once the rash appears, and they cannot be diagnosed with Fifth Disease before the rash appears
- A red eye without a yellow or green discharge, fever or matting
- Cytomegalovirus (CMV) infection
- A rash without a fever
- Warts
- Croup
- Bronchitis
- Pinworm
- Pneumonia
- Ear infection
- Ringworm

References:

American Public Health Association, American Academy of Pediatrics, Caring For Our Children, National Health and Safety Standards: Guidelines for Out-of-Home Childcare Programs, 2nd Edition, Chapter 3, HP 68, 2002, US Department of Health and Human Services. <http://nrc.uchsc.edu/>

American Academy of Pediatrics, Red Book 2003, Elk Grove Village, IL

American Academy of Pediatrics, Pennsylvania Chapter, Model Childcare Health Policies, 3rd Edition, 1997, Healthy Childcare Pennsylvania, Rosemont, PA

American Academy of Pediatrics, Barton Schmitt, MD, Pediatric Telephone Protocols, Office Version, 9th Edition.

Centers for Disease Control and Prevention, The ABCs of Safe and Health Childcare, www.cdc.gov/ncidod/hip/abc/abc.htm. (The ABC's were posted in 1997, and then removed from CDC website in 2003. This site's content was used to develop these exclusion lists.)

SC Department of Social Services, Division of Child Day Care Licensing and Regulatory Services. 2004 Revisions to Regulations 114-500 through 114-509.

EMPLOYEES in out-of-home childcare settings with the following conditions must be excluded from attendance:

Exclusion Criteria	Documentation for Return	Report to Health Department: ⁴
1. Fever of 101.0 ° F or greater.	Personal Note from Employee	Not Reportable ⁵
2. Diarrheal illness (three or more episodes of diarrhea during the previous 24-hour period), until diarrhea has resolved unless employee is known to have these symptoms for a non-infectious condition (e.g., IBS or Crohn's Disease.)	Personal Note from Employee	Not Reportable ⁵
3. Infection with <i>Escherichia coli</i> O157:H7, or other <i>shiga</i> -toxin producing <i>E. coli</i> , until diarrhea resolves and 2 stool cultures are negative.	Medical Note	Within 24 hours by phone
4. <i>Shigella</i> infection, until completion of 5 days of appropriate antibiotic treatment as determined by sensitivity test, or until 2 stool cultures are negative.	Medical Note	Within 7 days
5. <i>Salmonella typhi</i> (typhoid fever) infection, until 24 hours without a diarrheal stool. Nontyphoidal <i>Salmonella</i> infections do not require treatment or negative stool cultures prior to returning to work in the out-of-home childcare setting.	Medical Note Personal Note from Employee	Within 7 days Within 7 days
6. <i>Giardia</i> infection, until symptoms are resolved.	Personal Note from Employee	Within 7 days.
7. Vomiting (2 or more times during the previous 24 hours), unless the vomiting is determined to be caused by a non-communicable condition.	Personal Note from Employee	Not Reportable ⁵
8. Purulent conjunctivitis (defined as pink or red conjunctiva with white or yellow eye discharge, often with matted eyelids after sleep and eye pain or redness of the eyelids or skin surrounding the eye), until after the first treatment. <u>Non-purulent conjunctivitis</u> (defined as pink conjunctiva with a clear, watery eye discharge without fever, eye pain or eyelid redness) <u>does not require exclusion from working in childcare.</u>	Medical Note	Not Reportable ⁵
9. Tuberculosis, until the <u>treating</u> physician or local health department states that the employee is noninfectious.	Medical Note	Within 7 days

⁴ Responsibility for reporting communicable disease in the school or out-of-home childcare setting rests with the school principal or facility director with knowledge of the reportable condition. Mandated reporting requirements are found in the "SC 2004 List of Reportable Conditions," SC DHEC Bureau of Disease Control (http://www.scdhec.net/hs/diseasecont/docs/2004SC_ReportableDiseases.pdf).

⁵ SC DHEC is available for consultation on reporting of outbreaks of diseases or symptoms that would not be reportable as single cases. For this document, "Outbreak" is defined as an excess number of cases or symptoms over the expected occurrence of disease within a school or classroom or group.

EMPLOYEES in out-of-home childcare settings with the following conditions must be excluded from attendance:

Exclusion Criteria	Documentation for Return	Report to Health Department:⁴
10. Streptococcal pharyngitis, until 24 hours after treatment has been initiated.	Medical Note	Not Reportable
11. Head lice (pediculosis), until after the first treatment.	Personal Note from Employee	Not Reportable
12. Scabies, until after treatment has been given/applied.	Medical Note	Not Reportable
13. Rash with fever or joint pain, until a communicable disease such as measles or rubella has been ruled out.	Medical Note	Not Reportable
14. Measles, until 4 days after onset of rash.	Medical Note	Immediately by phone
15. Rubella, until 7 days after onset of rash.	Medical Note	Within 24 hours by phone
16. Varicella (chickenpox), until all lesions have dried and crusted (usually 6 days).	Personal Note from Employee	Within 7 days
17. Varicella-Herpes Zoster (shingles), with lesions that cannot be covered, until lesions are crusted.	Personal Note from Employee	Within 7 days
18. Pertussis, until completion of 5 days of appropriate antibiotic therapy.	Medical Note	Within 24 hours by phone
19. Mumps, until 9 days after onset of parotid gland swelling.	Medical Note	Within 7 days
20. Hepatitis A virus (HAV) infection, until 1 week after onset of illness or jaundice or as directed by the health department.	Medical Note	Within 24 hours by phone
21. Conditions or illnesses that a health care provider indicates warrant exclusion.	Medical note	DHEC Staff are available for consultation on this exclusion.

Exclusion Criteria for Employees in Out-of-Home Childcare Settings who are contacts (exposed) to individuals with excludable conditions:

Exclusion Criteria	Documentation for Return
1. When recommended by the health department, contacts to <i>Haemophilus influenzae</i> type b (Hib), <i>Neisseria meningitidis</i> (meningococcal disease), or pertussis should be excluded until antibiotic treatment has been initiated.	Medical Note
2. Other conditions when recommended by DHEC or the private physician.	SC DHEC will specify based upon situation.
3. Non-immunized Staff must be excluded if exposed to: <ul style="list-style-type: none"> • Measles • Rubella • Mumps • Pertussis (whooping cough) • Other conditions when recommended by DHEC 	SC DHEC will provide guidance on an individual basis regarding when an employee who is immunocompromised or not sufficiently immunized may return to work in the out-of-home childcare setting following an exposure to one of these conditions.

Employees with the following conditions do not need to be excluded from working in the out-of-home childcare setting:⁶

- Mild upper respiratory tract infection, even if it is associated with green or yellow nasal discharge, as long as the employee does not have a fever or any of the other excludable symptoms described above
- Fifth Disease (Parvovirus B19 infection). Individuals are no longer contagious once the rash appears, and they cannot be diagnosed with Fifth Disease before the rash appears
- A red eye without a yellow or green discharge, fever or matting
- Warts
- Cytomegalovirus (CMV) infection
- Bronchitis
- Ringworm
- Ear infection
- Pneumonia
- A rash without a fever

References:

American Public Health Association, American Academy of Pediatrics, Caring For Our Children, National Health and Safety Standards: Guidelines for Out-of-Home Childcare Programs, 2nd Edition, Chapter 3, HP 68, 2002, US Department of Health and Human Services. <http://nrc.uchsc.edu/>

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⁶ SC DHEC staff are available for consultation on excluding employees with symptoms or diagnoses of conditions that could be spread through feeding or other food-handling tasks.